



Dear Middlesex Teachers, Athletes and Parents

Owing to the pandemic, the English Schools Championships will be held over a three-day weekend in Birmingham on the normal dates in July, partly to allow as many athletes to arrive on the morning of the event and go home afterwards but also to reduce the numbers inside the stadium as far as possible for the safety of all concerned. For more info see <https://www.esaa.net/>

In order to select a Middlesex Team for this year's championship we are inviting students from Middlesex Schools to attend an **Open Meet competition on Saturday 12<sup>th</sup>/Sunday 13<sup>th</sup> June, at Lee Valley Athletics Centre, 61 Meridian Way, Edmonton, N9 0AR.** This is being organised by Shaftesbury Barnet Harriers and will replace the Middlesex Championship this year, rather than our usual day which was last held in 2019 at Allianz Park Stadium.

**A link to the entry form will be published on the SAAM website from 10<sup>th</sup> May.**

The timetable for the Open Meet is also available on the website. Although the entry fee is £8, Middlesex Schools are happy to cover the cost of this for any eligible student who enters and competes. Representatives of the SAAM Executive Committee will be present on both dates at Lee Valley and will reimburse students who have competed. If a student cannot make this open meet, but feels they have shown they can achieve English School's Entry Standard, they should ensure performances are registered on Power of 10, which the ESAA Championships committee will use to select athletes to perform at the National Championships. <https://www.thepowerof10.info/>

Please note, age groups for the Championships are:

<b>Group (Boys, Girls)</b>	<b>Age at 31 August</b>	<b>School Year</b>
Junior (JB, JG)	13–14	8–9
Intermediate (IB, IG)	15–16	10–11
Senior (SB, SG)	17–18	12–13

If you are a student achieves, or has the potential to achieve entry standard for any event, we would encourage you to attend the Middlesex Championships Open Meet. Entry standards can be found at <https://www.esaa.net/v2/2020/tf/tf20standards.pdf>

Unfortunately, I can confirm the Year 7 and 8 Middlesex Championships will not happen this year. Any questions, please do feel free to contact me on [colin.henderson@highgateschool.org.uk](mailto:colin.henderson@highgateschool.org.uk)

Best wishes,  
Colin Henderson  
SAAM Hon Secretary