

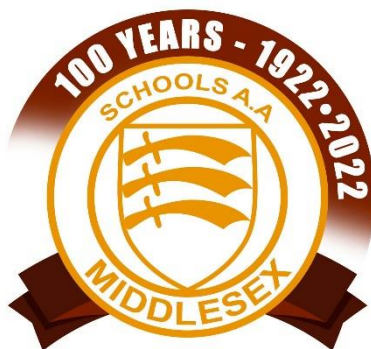
ESAA



ENGLISH SCHOOLS' Athletic Association

**COMBINED EVENTS
SOUTH EAST REGIONAL FINAL**

Lee Valley Athletics Centre
Meridian Way
London N9 0AR



SATURDAY 24th JUNE & SUNDAY 25th JUNE

2023

Event Programme

Notes for Athletes and Team Managers

1. The meeting will be run under UKA and ESAA rules.
2. Competitors must wear the number allocated in the programme. Numbers must be worn front and back, except for pole vault and high jump where only one number need be worn. Numbers should be secured at all four corners.
3. Athletes must compete in their county kit.
4. Personal throwing equipment must be handed in to the Technical Manager at least one hour before the event.
5. Because the programme is so full, athletes should be aware of the importance of co-operating as fully as they can with the officials; e.g. by being ready for their field trials in Field Events as soon as they are called up. **All programme times in Combined Events tend to be approximate. Athletes should listen for announcements concerning altered times for events, in order to allow themselves enough time to warm up, measure run-ups etc.**
6. The organisers will accept no responsibility for loss or injury. Athletes and Team Managers are responsible for making arrangements to safeguard valuables.
7. Results will be posted on the boards by the Announcers Box. Athletes are not allowed in the Announcers Box.
8. Details of withdrawals and substitutions should be handed in at least half an hour before the start of the event. Only those nominated as reserves on the ESAA entry form may be used as substitutes.
9. An athlete who fails to score in an event (e.g. three no throws) is not disqualified and can continue in the competition. Only athletes who fail to take part in an event are disqualified from further competition.
10. The allocation of athletes to Track Heats will be made on the day to take account of the actual number of competitors in each event.
11. Some field events, in addition to those indicated, may at the discretion of the Referee be divided into pools. If this happens the pools will be shown. The exception is in the Senior Boys' javelin, where the pools will be decided in light of the Pole Vault results.
12. Athletes in the Senior Boys Decathlon must provide their own poles.

THE ESAA COMBINED EVENTS FINAL WILL BE HELD AT

Bedford International Athletic Stadium

16th & 17th SEPTEMBER 2023

On behalf of The Schools' Athletics Association of Middlesex, we welcome you all to this year's Regional Combined Events Competition. Our strong S.E.Region attracts high level Individuals and County Teams. I hope all athletes have been training hard and no doubt will be targeting personal bests at this year's event.

The very best of luck.

Paul Bolton

Chair, SAAM

Participating Counties

BERKSHIRE	Numbers	1-4
HAMPSHIRE	Numbers	5-8
HERTFORDSHIRE	Numbers	9-12
KENT	Numbers	13-16
LONDON	Numbers	17-20
MIDDLESEX	Numbers	21-24
SURREY	Numbers	25-28
SUSSEX	Numbers	29-32

OFFICIALS

SATURDAY JUNE 24TH

Meeting Organiser : David Lucas

Event Referee : Mark Flitcroft

Technical Manager/Clerk of Course : Liz Flitcroft

Track Judges: Malcolm Charlish, Charles Bromley-Gardner, Richard Whybrow,
Richard White, Coreen Beckford

Chief Timekeeper: John Sanders

Timekeepers: Heather Espeute, Pamela Rogers, Hayley Hemmings, Angela Owen

Chief Starter : Chris Adams

Starter : Steve Gallaway

Starters Assistant : Peter Shilling

Field Judges : Ken Burkett, Chris Head-Rapson, Jill Wright, Anthony Tyndale, Ann
Flitcroft, Maggie Flitcroft, Malcolm Rogers, Charles Eldridge, Eddie Oliver, Martin
Crayton, Lincoln Ball, Steven Gosling

Chief Photo Finish : Luke Finch

Photo Finish : Miriam Dorrity

Photo Finish : Barry Dorrity

Announcer : Richard England

Results : Brian Charlton

SUNDAY JUNE 25TH

Meeting Organiser : David Lucas

Event Referee : Mark Flitcroft

Technical Manager/Clerk of Course : Liz Flitcroft

Track Judges : Malcolm Charlish, Charles Bromley-Gardner, Coreen Beckford

Chief Timekeeper : Camilla Allwood

Timekeepers : Heather Espeute, Pamela Rogers, Stuart Horsewood, John Sanders

Chief Starter : Gerald Alterman

Chief Starter's Assistant: Jo Newall

Starter's Assistant : Aryan Sinha

Starter's Assistant: Jacqueline Francis

Field Judges: Ken Burkett, Jill Wright, Tim Williams, Anthony Tyndale, Ann Flitcroft,
Maggie Flitcroft, Malcolm Rogers, David Noble, Jan Buoy, Jon Buoy, Lincoln Ball,
Alanis Hernandez, Steven Gosling, Steve Gallaway

Chief Photo Finish : Luke Finch

Announcer : Richard England

Results: Brian Charlton.

MEETING RECORDS

JUNIOR BOYS PENTATHLON

Individual	Sammy Ball	Berkshire	3161	2019
	Jacob Paul	Surrey (+ 100m H)	2953	2009
Team		Surrey	8081	2009

INTERMEDIATE BOYS OCTATHLON

Individual	Onochie Onuorah	Kent (+ 100m)	5044	1989
	Adam Akehurst	Hampshire (+100mH)	5158	2004
Team		Kent	14112	2009

SENIOR BOYS DECATHLON

Individual	Ashley Bryant	Surrey	6871	2008
Team		Sussex	17518	1989

JUNIOR GIRLS PENTATHLON

Individual	Kierra Barker	Hampshire	3532	2012
Team		Hampshire	9079	2012

INTERMEDIATE GIRLS HEPTATHLON

Individual	Phylis Agbo	London	4945	2001
Team		Hampshire	13264	2016

SENIOR GIRLS HEPTATHLON

Individual	Amaya Scott	Hampshire	5419	2019
Team		Surrey	17518	1993

Timetable of Events

SATURDAY 24th JUNE 2023

	JB (29)	IB (18)	IG (27)	SB (10)	SG (8)
10.30	HURDLES	LONG JUMP (A)			
10.45			HURDLES		
11.00	SHOT (A)				
11.15					HURDLES
11.30		LONG JUMP (B)	HIGH JUMP (A&B)	100M	
11.45	SHOT (B)				
12.00		DISCUS (A)			
12.15					
12.30				LONG JUMP	
12.45					
13.00					HIGH JUMP
13.15		DISCUS (B)			
13.30	LONG JUMP (A)				
13.45				SHOT	
14.00		JAVELIN (A)			
14.15			SHOT (A)		
14.30	LONG JUMP (B)			HIGH JUMP	
14.45					
15.00		JAVELIN (B)			
15.15					SHOT
15.30					
15.45	HIGH JUMP (A + B)		SHOT (B)		
16.00				400M	
16.15		400M			
16.30					
16.45			200M		
17.00					200M
17.15	800m				
17.30	PRESENTATIONS				

Timetable of Events

SUNDAY 25th JUNE 2023

	JG (30)	IB (19)	IG (27)	SB (10)	SG (8)
10.30	HURDLES		LONG JUMP (A)		
10.45				HURDLES	
11.00		HURDLES			
11.15	SHOT (A)		LONG JUMP (B)		
11.30					
11.45		HIGH JUMP (A&B)		DISCUS	
12.00	SHOT (B)				
12.15					
12.30			JAVELIN (A)		LONG JUMP
12.45					
13.00					
13.15					
13.30	HIGH JUMP (A&B)		JAVELIN (B)	POLE VAULT	
13.45		SHOT (A)			
14.00					
14.15					
14.30		SHOT (B)			JAVELIN
14.45					
15.00					
15.15	LONG JUMP (A)				
15.30			800M		
15.45		1500m			
16.00	LONG JUMP (B)		PRESENTATIONS	JAVELIN	800m
16.15					
16.30		PRESENTATIONS			
16.45					PRESENTATIONS
17.00				1500M	
17.15	800M				
17.30	PRESENTATIONS			PRESENTATIONS	

