

# MIDDLESEX SCHOOLS ATHLETICS CHAMPIONSHIPS

Watford Leisure Centre, Woodside, Saturday June 13th, 2026

## TIMETABLE

### MORNING TRACK

T.1	9.15	am	*** U/16 GIRLS 300M HURDLES
		3	Final Y9 + Y10
T.2	9.15	am	*** U/16 BOYS 300M HURDLES
		2	Final Y9 + Y10
T.3	9.25	am	*** U/18 GIRLS 400M HURDLES
		3	Final Y11 + Y12
T.4	0.00	am	*** U/18 BOYS 400M HURDLES
		0	Final Y11 + Y12
T.5	9.35	am	JUNIOR U/15 GIRLS 800M
		17	2 Heats
T.6	9.45	am	JUNIOR U/15 BOYS 800M
		22	2 Heats
T.7	9.55	am	INTER U/17 GIRLS 800M
		15	2 Heats
T.8	10.05	am	INTER U/17 BOYS 800M
		22	2 Heats
T.9	10.15	am	INTER U/17 BOYS 400M
		14	2 Heats
T.10	10.25	am	JUNIOR U/15 GIRLS 300M
		15	2 Heats
T.11	10.35	am	JUNIOR U/15 BOYS 300M
		18	3 Heats
T.12	10.50	am	INTER U/17 GIRLS 300M
		15	2 Heats
T.13	11.05	am	JUNIOR U/15 GIRLS 200M
		19	3 Heats
T.14	11.20	am	JUNIOR U/15 BOYS 200M
		18	3 Heats
T.15	11.35	am	INTER U/17 GIRLS 200M
		21	3 Heats
T.16	11.50	am	INTER U/17 BOYS 200M
		23	3 Heats
T.17	12.05	pm	JUNIOR U/15 GIRLS 100M
		18	3 Heats
T.18	12.20	pm	JUNIOR U/15 BOYS 100M
		25	4 Heats
T.19	12.40	pm	INTER U/17 GIRLS 100M
		23	3 Heats
T.20	12.55	pm	INTER U/17 BOYS 100M
		26	4 Heats

### MORNING FIELD

F.1a	9.30	am	JUNIOR U/15 GIRLS HAMMER
		5	Competitors
F.1b	9.30	am	JUNIOR U/15 BOYS HAMMER
		4	Competitors
F.1c	9.30	am	INTER U/17 GIRLS HAMMER
		3	Competitors
F.1d	9.30	am	INTER U/17 BOYS HAMMER
		2	Competitors
F.2a	9.45	am	JUNIOR U/15 GIRLS POLE VAULT
		0	Competitors
F.2b	9.45	am	JUNIOR U/15 BOYS POLE VAULT
		1	Competitors
F.2c	9.45	am	INTER U/17 GIRLS POLE VAULT
		1	Competitors
F.2d	9.45	am	INTER U/17 BOYS POLE VAULT
		2	Competitors
F.3	9.30	am	JUNIOR U/15 GIRLS LONG JUMP
		13	Competitors
F.4	9.30	am	JUNIOR U/15 GIRLS SHOT PUT
		14	Competitors
F.5	9.30	am	JUNIOR U/15 GIRLS HIGH JUMP
		16	Competitors
F.6	10.40	am	JUNIOR U/15 BOYS SHOT PUT
		19	Competitors
F.7	10.40	am	JUNIOR U/15 BOYS LONG JUMP
		16	Competitors
F.8	11.45	am	JUNIOR U/15 BOYS HIGH JUMP
		14	Competitors
F.9	11.00	am	JUNIOR U/15 BOYS TRIPLE JUMP
		15	Competitors
F.10a	11.00	am	JUNIOR U/15 GIRLS DISCUS
		11	Competitors
F.10b	11.00	am	INTER U/17 GIRLS DISCUS
		12	Competitors
F.11	12.15	am	INTER U/17 GIRLS TRIPLE JUMP
		13	Competitors

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### AFTERNOON TRACK

T.21	1.30	pm	*** U/16 GIRLS 80M HURDLES 14 2 heats Y9 + Y10
T.22	1.45	pm	*** U/18 GIRLS 100M HURDLES 7 Final*** Y11 + Y12
T.23	1.55	pm	*** U/16 BOYS 100M HURDLES 9 2 Heats Y9 + Y10
T.24	2.10	pm	*** U/18 BOYS 110M HURDLES 12 2 Heats Y11 + Y12
T.25a	2.25	pm	INTER U/17 GIRLS 3,000M 1 Competitors
T.25b	2.25	pm	INTER U/17 BOYS 3,000M 7 Competitors
T.26	2.40	pm	JUNIOR U/15 GIRLS 1500M 21 Final
T.27	2.50	pm	JUNIOR U/15 BOYS 1500M 19 Final
T.28	3.00	pm	INTER U/17 GIRLS 1500M 11 Final
T.29	3.10	pm	INTER U/17 BOYS 1500M 19 Final
T.30	3.20	pm	JUNIOR U/15 GIRLS 300M Final
T.31	3.25	pm	JUNIOR U/15 BOYS 300M Final
T.32	3.30	pm	INTER U/17 GIRLS 300M Final
T.33	3.35	pm	INTER U/17 BOYS 400M Final
T.34	3.40	pm	JUNIOR U/15 GIRLS 800M Final
T.35	3.45	pm	JUNIOR U/15 BOYS 800M Final
T.36	3.50	pm	INTER U/17 GIRLS 800M Final
T.37	3.55	pm	INTER U/17 BOYS 800M Final
T.38	4.05	pm	JUNIOR U/15 GIRLS 200M Final
T.39	4.10	pm	JUNIOR U/15 BOYS 200M Final
T.40	4.15	pm	INTER U/17 GIRLS 200M Final
T.41	4.20	pm	INTER U/17 BOYS 200M Final
T.42	4.30	pm	JUNIOR U/15 GIRLS 100M Final
T.43	4.35	pm	JUNIOR U/15 BOYS 100M Final
T.44	4.40	pm	INTER U/17 GIRLS 100M Final
T.45	4.45	pm	INTER U/17 BOYS 100M Final
T.46	4.55	pm	*** U/16 GIRLS 80M HURDLES Final
T.47	0.00	pm	*** U/18 GIRLS 100M HURDLES Final <b>Already Ran</b>
T.48	5.05	pm	*** U/16 BOYS 100M HURDLES Final
T.49	5.15	pm	*** U/18 BOYS 110M HURDLES Final

### AFTERNOON FIELD

F.12a	1.00	pm	JUNIOR U/15 BOYS DISCUS 16 Competitors
F.12b	1.00	pm	INTER U/17 BOYS DISCUS 11 Competitors
F.13	1.00	pm	INTER U/17 GIRLS LONG JUMP 17 Competitors
F.14	1.00	pm	U/17 GIRLS SHOT PUT 16 Competitors
F.15a	2.00	pm	JUNIOR U/15 GIRLS JAVELIN 10 Competitors
F.15b	2.00	pm	INTER U/17 GIRLS JAVELIN 9 Competitors
F.16	2.00	pm	INTER U/17 GIRLS HIGH JUMP 12 Competitors
F.17	2.20	pm	INTER U/17 BOYS SHOT PUT 15 Competitors
F.18	3.00	pm	INTER U/17 BOYS LONG JUMP 17 Competitors
F.19	3.00	pm	INTER U/17 BOYS TRIPLE JUMP 13 Competitors
F.20	3.15	pm	JUNIOR U/15 BOYS JAVELIN 15 Competitors
F.21	3.40	pm	INTER U/17 BOYS JAVELIN 17 Competitors
F.22	3.55	pm	INTER U/17 BOYS HIGH JUMP 14 Competitors