

SCHOOLS ATHLETIC ASSOCIATION OF MIDDLESEX TRACK & FIELD CHAMPIONSHIPS 2026



Schools Athletics Association of Middlesex
Founded 1922

(Incorporating London Boroughs of Barnet, Brent, Ealing, Enfield, Haringey,
Harrow, Hillingdon, Hounslow and Richmond Upon Thames)

President: Mr A Lunnon

Competing Numbers

Barnet	1	2	3	1A	
Brent	4	5	6	4A	
Ealing	7	8	9	7A	
Enfield	10	11	12	10A	
Haringey	13	14	15	13A	
Harrow	16	17	18	16A	
Hillingdon	19	20	21	19A	
Hounslow	22	23	24	22A	
Richmond	25	26	27	25A	

Finals Qualification

The following qualification rules will apply to track events with heats. Please be aware that heats may be ran as straight finals, dependent on numbers of athletes (athletes will be informed at the start of races):

- 2 Heats** Winner plus **six** fastest losers
- 3 Heats** Winner plus **five** fastest losers
- 4 Heats** Winner plus **four** fastest losers

In events of 1500m or more in distance the seeding officer reserves the right to split the field into two races if the number of competitors is greater than can be safely accommodated in a single race.

Dear Athletes, Team Managers, Parents, Coaches, Officials and Supporters

A warm welcome to the 104th Schools' Athletic Association of Middlesex (SAAM) Track and Field Championships 2026 on behalf of the organising Borough of Ealing and the SAAM Executive Committee.

We are very proud of supporting school athletes to thrive in the county and beyond, since our humble beginnings; our first competition was held in 1922 at Hampstead Town Football Club. Many thanks for your support today and I am sure you will join me in thanking all the officials, teachers and coaches who make this event what it is each year. In particular, Sam Sheppard from Nower Hill School, who has taken on so much organisation this year on behalf of Harrow Schools'. In order for organisations such as ours to continue, we really need regular and greater support. There are so many ways in which individuals can contribute over the course of a year, so please get in touch if you would like to offer your help (in whatever form), to support Middlesex Schools' Athletics (I will be over at the Middlesex gazebo if anyone wishes to chat).

There will no doubt be some outstanding athletes on display today, who will go on to much bigger things! Earlier this year, former Middlesex Schools' athletes Desiree Henry, Teddy Wilson and Nia Wedderburn-Goodison were selected for the GB squad to compete at the World Relays in Botswana, helping GB team qualification for the World Championships in Beijing 2027. More recently, triple jumper Tito Odunaike, alongside sprinters Tami George and Tyler Thompson, have been selected to compete for the U20 GB team this weekend at the Manheim International Gala, in Germany.

You can keep up to date with events and selections through our website during the course of the year at middlesexschoolsathletics.org and our social media accounts on Instagram @middlesexschoolsathletics and @SAAM1922 on X.

The very best of luck to all of the athletes today. If you finish in the top four, please head over to the Middlesex gazebo to discuss potential selection for the South East Inter-Counties next Saturday with Shannon Rapacchi and also English Schools' Championships selection with myself. You can find the link to the ESAA Championships nomination form on our website (middlesexschoolsathletics.org), with various QR codes around the stadium too.

For everyone competing, organising, team managing, officiating or supporting today, please take inspiration from the fact that you are joining over 100 years of school athletics history!

Paul Bolton (although most of you know me as Billy!)
SAAM Chair

A Massive Thanks to Our Officials for Their Support

Name	Role	Name	Role
Sam Sheppard	Meeting Organiser		
Clyde Gordon	Schedule & Results	Steve Marshall	Field Referee
Harrow (2)	Results	Bob Densley	Field Judge
		Simon Baker	Field Judge
Jo Newall	Chief Starter	Helen Isaacs	Field Judge
Gerald Alterman	Starter/Assistant	Elaine Emptage	Field Judge
Harrow	Marksman	Richard Emptage	Field Judge
		Dewald Moolman	Field Judge
Dom Boyes	Marshal	Harrow (6)	Field Judge
George Neocleous	Marshal		Field Judge
Harrow	Marshal		Field Judge
Jan Buoy	Finals Seeding		
Andy Lunnon	Announcer		
Jon Buoy	Track Referee		
		Borough Officiating Duties	
Jon Buoy	Chief Track Judge		
Nicola Ritchie	Track Judge	Hammer	Haringey (2), Harrow (2)
Joanne Tang	Track Judge	Pole Vault	Haringey (1), Hillingdon (1)
Chris Ferdinando	Track Judge	Long Jump	Ealing (2), Richmond (1)
		Triple Jump	Hounslow (2), Hillingdon (1)
Alan Keeler	Chief Timekeeper	High Jump	Brent (2) Hillingdon (1)
Philip Welch	Timekeeper	Shot Put	Richmond (2) Enfield (1)
Harrow (2)	Timekeeper	Discus	Harrow (2), Haringey (1)
		Javelin	Barnet (2), Enfield (1)
James Davis	Photo Finish		
Harrow	Photo Finish	Results and Further Support Harrow	